

Tummy Tuck

Yanhee Hospital Bangkok 2009

Abdominoplasty, commonly known as a 'Tummy Tuck', is cosmetic surgery to remove excess skin and fat from the middle and lower abdomen and tighten the muscles of the abdomen, leading to a less protruding and shapelier figure.

Feel better. Look better turn back that clock!



What is involved in Abdominoplasty?

Plastic surgeons who are skilled at abdominoplasty generally remove an area of skin between the pubic bone and the navel and then stretch and stitch together the skin above the navel and below the pubic bone. Any excess fat may also be removed and the muscles of the abdominal wall tightened. Tubes will also be put in place to drain fluid.

Who is suitable for Abdominoplasty?

Patients with weakened abdominal muscles or excess skin caused by pregnancy or weight loss.

Risks factors and considerations

It is important that you consult with

your surgeon before any procedure is undertaken. Know in advance any risks associated with your procedure and take the time with your doctor to assess your condition and treatment needs before you consent to any surgery.

Be sure to have your medical and personal health records with you during your consultation and be prepared to ask questions.

While every patient is different and every procedure unique there are some risks associated with having an abdominoplasty that you should be aware of and discuss with your surgeon:

- Noticeable scarring
- Fluid and blood collection under the skin
- Possible blood clots
- Infection or other risks associated with any surgery

Length of the surgery:

Typically from two to five hours under general anesthesia.

Length of the hospital stay:

Two nights

Length of the recovery period and post-operative care:

- A drain will be in place to collect fluid for up to two weeks.
- Post-operative visit after 7-10 days
- Removal of stitches about 7-10 days

Most people can return to work about 10-14 days after surgery although exercise should be avoided for up to two months to ensure proper healing.

Remember to consult with your surgeon both before and after your procedure and follow the care as advised by your surgeon and your regular physician.

PLEASE VISIT OUR 3D LIBRARY TO SEE AN ANIMATED EXPLANATION OF THIS PROCEDURE WWW.WELNESSTRAVEL.COM/E-LIBRARY-COSMETIC

Complete Surgery Packages, including 2 nights in a hotel, starting at 2588 USD!

Enquire here for a quotation for a package of your choice, please indicate your preferred time for travel and treatment and the length of your stay.

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A short journey from Bangkok, Yanhee Hospital is without a doubt one of the key players in the Cosmetic Surgery field in Thailand.



For all Wellness Travel Patients: a Free Dental Check Up and or Free consultation with a Cosmetic Surgeon, in cooperation with Yanhee Hospital!

Yanhee, as a general hospital, is dedicated towards obtaining high medical standards of quality in primary, secondary, and tertiary stages including alternative medicine which is accepted by the general doctors in order to serve the general patients and managed care patients.

Yanhee is committed to provide the highest quality in cosmetic treatments and procedures by specialists for both local and international clients using the most modern facilities with state of the art technology.

Yanhee International Hospital aims to fully implement the national standards of quality by 2009. Furthermore, it aims to be the number one cosmetic facility and healthcare provider in Asia by 2010.

Nobody is born perfect, but with the advancement of technology, body imperfections may now be

corrected to achieve aesthetic beauty.

In the skillful hands and expertise of our cosmetic surgeons, coupled with state-of-the-art medical equipment and technology, plastic surgery at Yanhee International Hospital is safely done at fairly reasonable cost.

This fact can be attested to by our large clientele not only of local but also of international patients who travel half the globe to receive cosmetic enhancement at Yanhee International Hospital.

Our 13 full-time cosmetic surgeons first will offer an in-depth, honest, professional evaluation of each patient, as no procedure is the same for all.

Then our patients are guided to define their expectations for surgery they want to undergo.



Dr. Greechart Pornsinsirisak,

Head of Plastic Surgery Yanhee Hospital

- *Doctor of Medicine, Chulalongkorn University, Thailand,*
- *1985 Specialty Training - General Surgery, Chulalongkorn Hospital,*
- *1991 - Plastic Surgery, Chulalongkorn Hospital,*
- *1994 Membership, Specialty Boards and Fellowship- Board of Plastic & Cosmetic Surgery of Thailand International*
- *Training and seminars attended- American Society of Plastic & Reconstructive Surgeons, Montreal, Quebec, Canada - Certificate in Microsurgery, Singapore General Hospital*

“The package prices we will quote you are for a standard, non-complicated procedure. Complications and surgeon discretion may result in extra tests and surcharges levied by the hospital, the payment of which is the responsibility of the client and paid directly to the hospital. Thank you.”



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Classic Room

Asia's new fashion hotel shot in the arm... a true 'Haute Couture' 5-star experience situated in the heart of Sukhumvit road; Bangkok's pulse for fashion, entertainment, restaurants, shopping centres and businesses.

Inclusions* @ Dream hotel

Room upgrade, subject to availability
Complimentary breakfast for two
Complimentary internet access
20% discount on Food and Beverage
20% discount on a la carte Spa menu
Airport and Hospital transfers included



IMPERIAL QUEENS PARK HOTEL

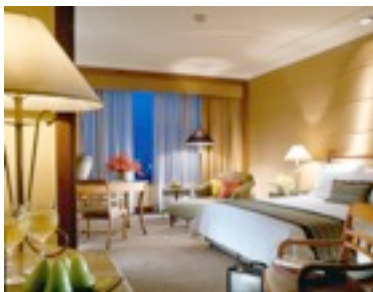
Deluxe Room

A 37 storey hotel comprising of two towers and over 1,250 well-appointed guest rooms. Highlighted by its central locality on famous Sukhumvit Road

Inclusions*

IMPERIAL QUEENS PARK HOTEL

Room upgrade, subject to availability,
Complimentary Breakfast for two,
20% discount on Food and Beverage (except mini bar and room service),
20% discount on a la carte Spa menu
Free internet access
Airport and Hospital transfers included



SHERATON GRANDE HOTEL

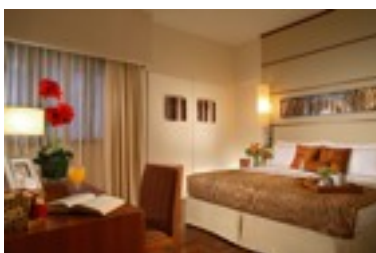
Deluxe Room

The Sheraton Grande Sukhumvit provides an enriching guest experience and the opportunity to begin a personal journey of discovery in Bangkok.

Inclusions*

SHERATON GRANDE HOTEL

Room upgrade, subject to availability,
Complimentary Breakfast for two,
20% discount on Food and Beverage (except mini bar and room service),
20% discount on a la carte Spa menu
Airport and Hospital transfers included



SOMERSET SERVICED APARTMENTS

Serviced apartments, 1, 2 and 3 bedrooms apartments available, perfect for families or longer stays in Bangkok.

Inclusions*

SOMERSET

Breakfast for two
Laundry facilities
Use of residence lounge and facilities
Airport and Hospital transfers included

INCLUSIONS* - SOME INCLUSIONS ARE BASED ON A 7 NIGHT STAY AND MAY NOT BE AVAILABLE WHEN BOOKING LESS THAN 7 NIGHTS

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INCLUDED

TREATMENT INCLUSIONS

- Pre-Operative consultation with Surgeon
- Surgeon's Fees
- Anesthesiologists Fees
- Anesthesia: Pre-Anesthetic Drugs, Anesthesia, Medical Gas (Oxygen, Nitrous Oxide)
- Operating Room Charges ; OR Room Use, Recovery Room, Scrub & Circulate Nurse
- Accommodation for 3 nights in the surgical floor including: Room, Nursing Service Charges, Service Charges, Regular menu food charges
- Private single (1) bed with meals
- Post operative consultations/follow up appointment: Clients will be required to pay a 30THB fee
- Radiology Studies : Chest X-ray, if required
- EKG if required
- Laboratory Tests as required by the surgeon as CBC, PT & PTT,



- Urinalysis, HIV test, Blood Sugar determination
- Take home medications
- GST/VAT & all taxes

DEAR WELLNESS TRAVELER, HERE WE PROVIDE YOU WITH THE INFORMATION YOU NEED FOR A BALANCED DECISION, PROVIDING YOU WITH ALL INCLUSIONS ON YOUR TREATMENT.

MEANING THERE ARE NO 'SURPRISES' WHEN LEAVING THE HOSPITAL.

WE AT THE WELLNESS TRAVEL COMPANY STAND BEHIND OUR PRODUCT. THAT MEANS NO MARK-UP'S OR HIDDEN FEES!

MOST IMPORTANTLY, WE ARE HERE, ON THE GROUND, NOT 1000 MILES AWAY AND AT YOUR SERVICE 24/7!

Friendly, but essential advice: Be very careful if attempting to plan your own international medical travel program.

There are many issues that are not apparent to the first time medical tourist. One small oversight can be the difference between a successful and unsuccessful surgery and experience abroad.

Let us assist you in making all the right choices. By working with a full service medical tourism company that offers a guarantee, you will greatly reduce the possibility of something going wrong. We take the process of Medical Travel very seriously. After all, It is your health we are talking about!

The Wellness Travel Company has your best interest at heart. We do not represent the hospitals, we represent you!

NOT INCLUDED

- Charges not related to the procedures
- Charges for other procedure or other plastic surgery
- Charges for OPD incurred prior to the surgery
- Charges for inpatient stays in excess of 3 nights. Additional charges for these days including room and other charges will be added to the package price at US\$ 135
- Additional charges for these days including room and other
- Charges will be added to the package price at a normal hospital rates
- Charges for intensive care, if necessary
- Consultation with another specialist, i.e. Internist, Diabetologist, Pulmonologist before or during the course of treatment and/or surgery
- Items of a personal nature such as in-room drinks, telephone charges and guest meals will be charged at the normal rates in effect.

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