

Liposuction Abdomen

Bangkok Hospital Phuket 2009

Abdominoplasty, commonly known as a 'Tummy Tuck', is cosmetic surgery to remove excess skin and fat from the middle and lower abdomen and tighten the muscles of the abdomen, leading to a less protruding and shapelier figure.

Feel better. Look better turn back that clock!



Liposuction Abdomen

Liposuction, is one of the most popular plastic surgery procedures because it offers safe, effective fat and cellulite removal. Some of the main liposuction benefits include improved health associated with fat loss, improved overall appearance, and the reduction in the appearance of cellulite.

Improved Health- Most doctors agree that weight loss is the best way to reduce your risk of heart disease, diabetes, and even certain types of cancer. Liposuction can be used for removal of stubborn pockets of fat of 10 pounds or less that resist dieting and exercise.

Improved Appearance- Make your clothes fit better with dramatic improvement to your problem areas. Liposuction can help smooth and contour your body, bringing back the confidence you've once lost. Other unexpected benefits include being able to partake in activities that patients had previously shied away from because they were unhappy with their appearance.

Cellulite Removal- Cellulite is caused by fat cells pushing through the collagen connective tissue directly beneath the skin's surface, causing a dimpled appearance. Cellulite is more

common in women because men have a tighter collagen mesh pattern beneath their skin. Liposuction can help aid cellulite removal in both men and women, but it is important to remember that there is no permanent "cure" for cellulite as the success of cellulite removal is dependent on many factors, including genetics.

Length of the hospital stay:

One to two days but will depend on the area to be treated. Length of the recovery period and post-operative care:

- General soreness around the treated area for several days is a normal post operative condition that is only temporary.
- Removal of stitches about one week after surgery

Most people can return to work within a few days of the surgery although there may be significant bruising and swelling after surgery which may take several months to settle completely.

Remember to consult with your surgeon both before and after your procedure and follow the care as advised by your surgeon and your regular physician.

Final treatment price depends on how many areas need to be treated

PLEASE VISIT OUR 3D LIBRARY TO SEE AN ANIMATED EXPLANATION OF THIS PROCEDURE WWW.WELLNESSTRAVEL.COM/E-LIBRARY-COSMETIC

Complete Surgery Packages, including 2 nights in a hotel, starting at 2755 USD!

Enquire here for a quotation for a package of your choice, please indicate your preferred time for travel and treatment and the length of your stay.

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Bonus!

All wellness travel patients will receive a complimentary stay in a private room before the procedure!

For all Wellness Travel Patients: a Free Dental Check Up and or Free consultation with a Cosmetic Surgeon, in cooperation with Bangkok Phuket Hospital!

Bangkok Hospital Phuket opened in May 1995 for locals and tourists, whether Thai or from any of the 127 nationalities who have gone to make Phuket one of the premier tourist locations in the world.

Bangkok Hospital Phuket a member of the fastest growing Bangkok Hospital Network in Thailand, a high quality International hospital in South East Asian region.

We are the forefront of hospital advances in comprehensive ranges of medical treatments and medical technology with a unique Thai-ness hospitality.

Walking into this lobby is the same as walking into a five star hotel lobby, the rooms are spacious, a serviced apartment complex next door, simply perfect for accompanying friends and or relatives, this hospital is one of Wellness Travel favorites!

**The Surgeon
Dr. Pongsatorn**

An active member of the Society of Plastic and Reconstructive Surgeons of Thailand, the Society of Aesthetic Plastic Surgeons of Thailand, and other medical societies.

Before becoming a plastic surgeon at Bangkok Phuket Hospital, Dr. Pongsatorn worked as a plastic and reconstructive surgeon and medical teacher at Songklanagarind Medical School from 2000 to 2009. He also worked as a consulting physician at Bangkok Hospital Hatyai and Rajjindee Hospital.

advanced body contouring surgery and the results of the micro surgeries that he has conducted are also widely admired.

The beautiful, natural results of the procedures he performs will increase his patients' self-confidence and self-esteem. Dr. Pongsatorn's goal of improving a person's quality of life through plastic and reconstructive surgery will certainly be met.



He has performed more than 2000 successful cosmetic and reconstructive operations.

Dr. Pongsatorn's surgical techniques are state-of-the-art. He is particularly interested in facial rejuvenation, breast surgery, and

*"The package price we will quote you are always for standard, non-complicated procedures. Complications and surgeon discretion may result in extra tests and surcharges levied by the hospital, the payment of which is the responsibility of the client and paid directly to the hospital.
Thank you."*



CHOOSE FROM 2 PREMIUM HOTELS IN PHUKET, WITH VERY SPECIAL OFFERINGS FOR WELLNESS TRAVEL CLIENTS

Inclusions*

THE HOLIDAY INN RESORT

Room upgrade, subject to availability,
Complimentary Breakfast for two
20% discount on food and beverage
20% discount on a la carte Spa menu
Airport and Hospital transfers included

THE HOLIDAY INN RESORT PHUKET

Superior Room

Splendidly set amid this island paradise is the Holiday Inn Resort Phuket, conveniently located just 15 minutes from Phuket town and standing in its own secluded grounds just a step away from the island's most popular beach, Patong!

Inclusions*

MARRIOTT COURTYARD

Room upgrade, subject to availability,
Complimentary Breakfast for two
20% discount on food and beverage
Airport and Hospital transfers included

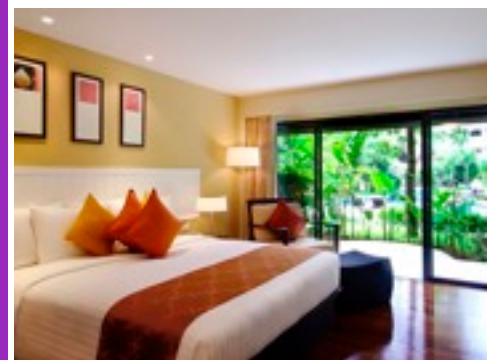
MARRIOTT COURTYARD PHUKET

Deluxe Room

Choose from Patong, Surin and Kamala beach, 3 hotels at your disposal, feel free to book two properties at no extra charge! (the rooms in Surin and Kamala come with bed AND living room!) Minimum of 5 nights at each hotel

Enjoy the night life in Patong and completely relax at Surin or Kamala beach, with the most fashionable beach club on the island!

All 3 Marriott properties are within a short walking distance from the beach!



INCLUSIONS* - SOME INCLUSIONS ARE BASED ON A 7 NIGHT STAY AND MAY NOT BE AVAILABLE WHEN BOOKING LESS THAN 7 NIGHTS

BOOK YOUR TREATMENT TODAY, LET OUR MEDICAL AND HOSPITALITY PARTNERS TAKE CARE OF YOU, GO HOME FEELING AND LOOKING LIKE A NEW PERSON!

The Wellness Travel Company, providing Medical and Life Style Solutions at the best possible price, guaranteed!

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TREATMENT INCLUSIONS

INCLUDED

- Pre-Operative consultation with Surgeon
- Laboratory Testing necessary for the procedure; CBC, ECG and Chest X-Ray
- Radiology Studies : Chest X-ray
- Surgeon's Fees
- Anesthesiologists Fees
- Anesthesia : Pre-Anesthetic Drugs, Anesthesia, Medical Gas (Oxygen, Nitrous Oxide)
- Operating Room Charges ; OR Room Use, Recovery Room, Scrub & Circulate Nurse
- Accommodation for 2 nights in the surgical floor including: Room, Nursing Service Charges, Regular menu food charges
- Private single (1) bed with meals
- Post operative consultations/follow up appointment



- Routine take home medications and supplies
- GST/VAT & all taxes

DEAR WELLNESS TRAVELER, HERE WE PROVIDE YOU WITH THE INFORMATION YOU NEED FOR A BALANCED DECISION, PROVIDING YOU WITH ALL INCLUSIONS ON YOUR TREATMENT.

MEANING THERE ARE NO 'SURPRISES' WHEN LEAVING THE HOSPITAL.

WE AT THE WELLNESS TRAVEL COMPANY STAND BEHIND OUR PRODUCT, THAT MEANS NO MARK-UP'S OR HIDDEN FEES!

MOST IMPORTANTLY, WE ARE HERE, ON THE GROUND, NOT 1000 MILES AWAY AND AT YOUR SERVICE 24/7!

Friendly, but essential advice: Be very careful if attempting to plan your own international medical travel program. There are many issues that are not apparent to the first time medical tourist. One small oversight can be the difference between a successful and unsuccessful surgery and experience abroad.

Let us assist you in making all the right choices. By working with a full service medical tourism company that offers a guarantee, you will greatly reduce the possibility of something going wrong. We take the process of Medical Travel very seriously.

After all, It is your health we are talking about!

The Wellness Travel Company has your best interest at heart, we do not represent the hospitals, we represent you!

NOT INCLUDED

- Other charges not related to the procedures
- Charges for other procedure or other plastic surgery
- Charges for OPD incurred prior to the surgery
- Charges for inpatient stays in excess of 2 nights. Additional charges for these days including room and other charges will be added to the package price at a normal hospital rates
- Charges for intensive care; if necessary
- Items of a personal nature such as in-room drinks, telephone charges and guest meals will be charged at the normal rates in effect

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